



Your Careers Meeting is booked!

Date: _____ **Time:** _____

Location: _____ **Careers Advisor:** _____

What is a careers discussion?

It is all about YOU.

It's a chance for you to discuss your career ideas and future plans. You may have a clear idea of your next steps after school or not—it doesn't matter.

Your careers advisor will be interested in finding out about YOU and what makes you tick. They can then help you come up with career ideas, look at the pros and cons of different options, work out your next steps and help you feel more confident about your future career.

What can I expect during and after the discussion?

Your careers adviser will ask you what you want to get from the session and you will explore your current skills, GCSEs, job ideas and option pathways. Your meeting will be recorded so you have a record of any notes & action points.

At the end of the session you will have some action points to take away which you may want to share with parents/carers.

- What kind of things can you get help with?**
- Ideas for careers that could suit you.
 - Thinking about your options at the end of Year 11 – A levels, T levels, Diplomas, Apprenticeships, College or Employment with training.
 - Thinking about courses and where they could lead.
 - Finding out how to get into specific careers and what qualifications you need to take after school.

What if I need help after the careers discussion?

You can request further information and support using the following email:

careersadvisor@trinityacademybristol.org



How can I prepare for the careers meeting?

It would be useful for you to start thinking about some of the following before the session, but the **MOST IMPORTANT** thing is that you turn up for the session—your careers adviser will help you with all these things. **Most students do not have firm plans before the careers session so don't feel you need all the answers.**

careerpilot.org.uk will give you lots of career information and tools to help you get started.



My hobbies:

My projected grades:

Jobs I might be interested in:

Apprenticeships, College, University, Employment what appeals to you?

A careers question I would like to ask: