



# Take your taste buds on a journey

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu.

SAMPLE MENU	STREATERIES LUNCH MENU: TRADITIONAL				
	WEEK 1 Autumn Winter 2025/26 03/11/25, 24/11/25, 15/12/25, 05/01/26, 26/01/26, 16/02/26, 09/03/26, 30/03/26	SCANDI KITCHEN MON	PAN ASIAN TUE	Home STYLE WED	AMERICAN Diner THU
	<b>MAINS</b>	Swedish Style Meatballs in Gravy with Cranberry Jam	Char Siu Roast Pork with Chinese Style Curry Sauce	Roast Chicken & Thyme Toad in the Hole	Aspens Hand Pressed Beef Burger, Caramelised Onion & Mac Sauce
	<b>SIDES</b>	Summerset Apple, Leek & Bean Stew	Chinese Style Vegetable Curry	Veggie Banger Toad in the Hole	Cheese & Onion Burger with Smoky Tomato Relish
	<b>PASTA &amp; NOODLE POTS</b>	Chinese Style Char Siu Chicken in Chinese BBQ Topped Noodles	Best Ever Bolognese	Classic Meatball Pasta	Classic Veggie Chow Mein
	<b>DELI HOT</b>	Southern Chicken Strips Wrap	Macaroni Pizza Slice	BBQ Pink Onion Deli Dog	Classic Pepperoni
	<b>FILLINGS</b>	Swedish Meatball	Chinese Style Curry Char Siu Pork	BBQ Beans & Pink Onion	Cheese, Caramelised Onion & Mac Sauce
	<b>BIG BOWL SALAD</b>	Avocado Super Green Salad	Avocado Chicken Caesar	Quinoa Superfood Bowl	Grain & Seed Health Bowl
	<b>DESSERTS</b>	Chai Spiced Baked Rice Pudding	Lemon Meringue Apple Crumble & Custard	Aspens Toffee Cookies	Apple Tart Tatin & Custard
	<b>DELIVERY</b>	Delicious Meal Deals Regular Chef's Specials	Freshly Made from Scratch DAILY!	Fresh Cut Fruit & Yogurt Pots Available Daily	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

## STREATERIES

Streateries is our secondary meal offer packed full of mouth-watering flavours from around the world. Designed with variety and choice in mind, the menu is built around daily themes inspired by global street food, giving you the chance to explore flavours, trending cuisines, whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites.

It's a daily journey for the taste buds, right in the school dining hall! Included is our standard street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides, salads and a home bake favourite or warm traditional pudding for dessert.



## DELIKITCHEN

Our Deli Kitchen offers students a grab & go option from the best of our classic hot and cold food offer. Packed with variety, flavour, and choice to suit every appetite.

The range includes Authentic Italian hand-stretched pizzas and pasta pots, Hacienda Mexicana burritos, rice bowls, and sides, including Voulez Poulet house rub chicken, dogs and tasty extras all the way through to our fresh deli favourite sandwiches, wraps, paninis, loaded spuds, crisp salads, fruit and chilled dessert pots.



## LET YOUR TASTE BUDS DO THE TRAVELLING

Each month we explore a different destination full of flavour! See where this year's promotions are stopping ...





# GOOD FOR YOU & GOOD FOR THE PLANET



Caring for the planet is something that really matters to us and our customers. We see it in the way students think, speak up, and take action.

Our range of initiatives and messages support the journey to reduce environmental impacts. We're encouraging them to make choices that are good for them and the planet - now and in the future.

**FEED YOUR FAMILY FOR £5**

SCAN ME

Discover affordable and quick step-by-step videos to start cooking up some delicious recipes!



**HELPING THE PLANET ONE BITE AT A TIME**

MAKE A GREENER SWAP TODAY

1 AVERAGE BEEF BURGER has the same climate impact as...

**10 VEGAN BURGERS**

4.0 x 10



## MEAL DEAL



At Aspens, we're all about offering **GREAT VALUE** and a **GREAT CHOICE** for students.

With such a variety of options,  
**YOU'LL ALWAYS FIND SOMETHING TO**



## ENJOY!



\*FREE SCHOOL MEAL ALLOWANCE CAN BE USED TO BUY A MEAL DEAL.



We encourage customers to talk to us to tell us what they think so we can continually improve!

## SUPPORTING BRITISH FARMERS

At Aspens we're proud to support British farmers where we can by serving fresh, seasonal produce with a supply chain that can be traced from field to fork.



## Klimato



We are working with Klimato to tackle carbon emissions from food, highlighting the impact of each meal on our menus.

## CONTACT US

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# STREATERIES

## LUNCH MENU: TRADITIONAL



WEEK 1  
Autumn Winter 2025/26  
03/11/25, 24/11/25,  
15/12/25, 05/01/26,  
26/01/26, 16/02/26,  
09/03/26, 30/03/26

### MAINS

### SIDES

### PASTA & NOODLE POTS

### DELI HOT

### FILLINGS

### BIG BOWL SALAD

### DESSERTS



Swedish Style Meatballs in  
Gravy with Cranberry Jam

Summerset Apple,  
Leek & Bean Stew V

Creamy Mash, Peas  
& Green Beans V

Chinese Style Char Sui  
Chicken in Chinese BBQ  
Topped Noodles

Southern Chicken  
Strips Wrap

Swedish Meatball

Avocado  
Super Green Salad

Chai Spiced Baked  
Rice Pudding



Char Siu Roast Pork  
with Chinese Style  
Curry Sauce

Chinese Style  
Vegetable Curry V

Steamed Rice & Wok Fried  
Veggies V

Best Ever Bolognese

Macaroni  
Pizza Slice

Chinese Style Curry Char  
Siu Pork

Avocado  
Chicken Caesar

Lemon Meringue Apple  
Crumble & Custard



Roast Chicken & Thyme  
Toad in the Hole

Veggie Banger Toad  
in the Hole V

Roasties, Smashed  
Honey Parsnips &  
Seasonal Greens V

Classic Meatball Pasta

BBQ Pink Onion  
Deli Dog

BBQ Beans & Pink Onion

Quinoa  
Superfood Bowl

Aspens  
Toffee Cookies



Aspens Hand Pressed Beef  
Burger, Caramelised Onion  
& Mac Sauce

Cheese & Onion Burger V  
with Smoky Tomato Relish

Roasted Root Veg V  
Wedges & Green Salad

Classic Veggie Chow Mein

Classic Pepperoni

Cheese, Caramelised  
Onion & Mac Sauce

Grain & Seed  
Health Bowl

Apple Tart Tatin  
& Custard



Choose from:  
Battered Fish  
Sausage or Veg Sausage  
Pizza Slice V  
Chicken Nuggets  
Chips

Garden Peas or Baked Beans  
Irish Curry Sauce  
Chip Shop Gravy

Protein Packed  
Spicy Pork & Lentil Ragu

Cheesy Chips

All The Classics

Special Salad

Brownie  
Blondie Ripple

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO



# STREATERIES

## LUNCH MENU: TRADITIONAL



WEEK 2  
Autumn Winter 2025/26  
10/11/25, 01/12/25,  
22/12/25, 12/01/26,  
02/02/26, 23/02/26,  
16/03/26

### MAINS

### SIDES



sabor de  
**Portugal**

**MON**

Peri Chicken & Macho Pea  
Pasta Bake Chilli Lime Aioli

Peri Crispy Chickpea &  
Butterbean Pasta Bake V

Zesty Dressed  
Roast Broccoli V



**Home**  
STYLE

**TUE**

Honey Mustard Glazed  
British Bangers with  
Roasted Red Onion

Honey Mustard Glazed Veggie  
Bangers with Roasted Red  
Onion V

Leek Mashed Potatoes,  
Mushy Peas & Gravy V



**Home**  
STYLE

**WED**

Slow Roast Garlic &  
Rosemary Pork with  
Apple Stuffing

Cauliflower & Broccoli  
Cheesy Bake V

Roasties, Savoy Cabbage  
& Cauliflower V



**INCREDIBLE**  
INDIA

**THU**

Chicken Tikka  
Balti Curry

Butternut Tomato  
Chilli Masala V

Garlic Rice, Roasted V  
Cauliflower & Green Beans



**Chips**  
& More

**FRI**

Choose from:  
**Battered Fish**  
Sausage or Veg Sausage  
Pizza Slice V  
Chicken Nuggets  
Chips

Garden Peas or Baked Beans  
Irish Curry Sauce  
Chip Shop Gravy

### PASTA & NOODLE POTS

Thai Green  
Vegetable Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Super Green Lentil Pesto

### DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Thai Curry Pizza Slice

Curried Chicken &  
Spinach Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

## - LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

### FILLINGS

Spicy Peri Chicken  
& Cheese

Bolognese

Meatball Marinara

Chicken Tikka Balti

All The Classics

### BIG BOWL SALAD

Zesty Kale &  
Tandoori Chickpea

Indian Chickpea  
Greens & Mint Yoghurt

American Style  
Cobb Salad

Honey Mustard Chicken  
Cobb Salad

Special Salad

### DESSERTS

Cinnamon Raisin  
Oat Cookie

Banana Sticky Toffee  
Pudding & Custard

Custard Tart

Coconut & Pineapple  
Upside Down Cake

Cheesecake  
Cookie Slice

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO



# STREATERIES

## LUNCH MENU: TRADITIONAL



WEEK 3  
Autumn Winter 2025/26  
17/11/25, 08/12/25,  
29/12/25, 19/01/26,  
09/02/26, 02/03/26,  
23/03/26

### MAINS

### SIDES



Minced Beef Hotpot  
Topped with Root Veg &  
Potatoes

Lentil, Onion & Root Veg  
Hotpot

Savoy Cabbage  
& Peas



BBQ Chicken &  
Cheese Melt

Cajun Spiced  
Bean Burger

Cajun Rice & Roasted  
Mediterranean Veg



Maple Glazed Gammon  
with Crispy Smashed New  
Potatoes

Honey Carrot & Apple  
Wellington

Carrot & Swede Mash,  
Green Beans



Pork Ragu  
Lasagne al Forno

Spinach, Cream Cheese &  
Roasted Veg Lasagne

Crusty House Baked Bread,  
Roast Carrots   
or Garden Salad



Choose from:  
Battered Fish  
Sausage or Veg Sausage  
Pizza Slice   
Chicken Nuggets  
Chips

Garden Peas or Baked Beans  
Irish Curry Sauce  
Chip Shop Gravy

### PASTA & NOODLE POTS

Teriyaki Chicken Noodles

Protein  
Lean Chicken Bolognese

Classic Meatball Pasta

Pulled Ham Carbonara

Classic Chicken  
Chow Mein

### DELI HOT

Mexican Hot Pizza Slice

BBQ  
Cornflake Crunch Wings

Masala Mayo Deli Dog

Chinese Style  
Chicken Wrap

Cheesy Chips

### FILLINGS

Beef Mince & Onion

Smoky Spanish Beans  
& Aioli

Masala Mayo, Cheese &  
Crispy Onion

Pulled Ham  
Carbonara Sauce

Loaded  
All The Classics

### BIG BOWL SALAD

Roasted Tomato & Pepper  
Pasta Salad

Pasta Butterbean,  
Roasted Tomato & Spinach

California Caprese

Citrus Chicken, Spinach  
& Mozzarella

Special Salad

### DESSERTS

Old School Jam  
Cornflake Crunch

Baked  
Cheesecake

Banana Choc Chip Loaf

Maple Apple Pie  
& Whipped Cream

Aspens Best Ever  
Chocolate Brownies

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

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Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO

# DELI KITCHEN



## Mid Morning Break

Focaccia £1.20

Mini Hash Brown Bites MMB £1.40

Homemade Waffle with syrup £1.40

Tortilla Pizza Pocket Tomato Cheese £1.50

MMB Nachos £1.30

Tortilla Pizza Pocket Pepperoni £1.60

8oz Hot Pasta Pot £1.50

8 oz Rice Pot £1.50

Cheesy Naan £1.60

Homemade Sausage Roll £1.80

Loaded Wedges £1.70

Plain Popcorn M £0.50

Double Wedge Cajun MMB £0.60

Cheesy Double Wedge MMB £0.70

Garlic Slice £0.85

Cheese on Toast MMB £1.10

French Bread Pizza MMB £0.90

Pizza Bagel MMB £1.30

Pepperoni Pizza Bage £1.40

Sweet Waffle (55 gms) MMB £1.40

## Deli Kitchen Hot

Jmb Hot Dog £3.00

Burrito Wrap £2.40

Pizza Pioneer £1.55

Crunch Wings x2 £1.90

Chips £1.40

Chips with Beans £1.90

Chips with Cheese £2.30

Chips with 2 Toppings (Cheese and Beans) £2.30

Hot Wrap Original £2.40

## Deli Kitchen Cold

Just Sandwich £2.20

Classic Sandwich £2.40

Deli Sandwich £2.55

Wraps £2.40

9 oz Pasta Pot £1.80

Fruit Pieces £0.60

5 oz Fruit Pots £0.90

7oz Fruit Pots £1.20

5 oz Jelly Pots £0.90

## Drinks

Aqua Roma Still 500ml / Radnor Splash 500ml £1.25

Radnor Sparkling / Radnor Fizz 330ml £1.40

Still Water Tetra 250ml £1.00

Radnor Splash Tetra 250ml £0.90

Radnor Fruits 200ml £1.00

Radnor CAN 330ml £1.50

Blue Mountain Fruit Ice 200ml - with cup & straw £1.10

Blue Mountain Fruit Ice 330ml - with cup & straw £1.60

## Sweet Treats

Cookies £1.15

Traybakes £1.15

Traycakes £1.15

Tulip Muffins £1.25

## Meal Deal

Meat Main Meal Deal £2.70

Veggie Main Meal Deal £2.70

Jacket 1 Topping Meal Deal £2.70

Pasta 1 Topping Meal Deal £2.70

Just Sandwich Meal Deal £2.70

## Streateries

Main Meal plus sides and vegetables or salad  
£2.50

Hot pudding £1.00

**TARIFF**