



Take your taste buds on a journey

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu.

SAMPLE MENU	STREATERIES LUNCH MENU: TRADITIONAL				
	WEEK 1 Autumn Winter 2025/26 03/11/25, 24/11/25, 15/12/25, 05/01/26, 26/01/26, 16/02/26, 09/03/26, 30/03/26	SCANDI KITCHEN MON	PAN ASIAN TUE	Home STYLE WED	AMERICAN Diner THU
	MAINS	Swedish Style Meatballs in Gravy with Cranberry Jam	Char Siu Roast Pork with Chinese Style Curry Sauce	Roast Chicken & Thyme Toad in the Hole	Aspens Hand Pressed Beef Burger, Caramelised Onion & Mac Sauce
	SIDES	Summerset Apple, Leek & Bean Stew	Chinese Style Vegetable Curry	Veggie Banger Toad in the Hole	Cheese & Onion Burger with Smoky Tomato Relish
	PASTA & NOODLE POTS	Chinese Style Char Siu Chicken in Chinese BBQ Topped Noodles	Best Ever Bolognese	Classic Meatball Pasta	Classic Veggie Chow Mein
	DELI HOT	Southern Chicken Strips Wrap	Macaroni Pizza Slice	BBQ Pink Onion Deli Dog	Classic Pepperoni
	FILLINGS	Swedish Meatball	Chinese Style Curry Char Siu Pork	BBQ Beans & Pink Onion	Cheese, Caramelised Onion & Mac Sauce
	BIG BOWL SALAD	Avocado Super Green Salad	Avocado Chicken Caesar	Quinoa Superfood Bowl	Grain & Seed Health Bowl
	DESSERTS	Chai Spiced Baked Rice Pudding	Lemon Meringue Apple Crumble & Custard	Aspens Toffee Cookies	Apple Tart Tatin & Custard
	DELIVERY	Delicious Meal Deals Regular Chef's Specials	Freshly Made from Scratch DAILY!	Fresh Cut Fruit & Yogurt Pots Available Daily	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

STREATERIES

Streateries is our secondary meal offer packed full of mouth-watering flavours from around the world. Designed with variety and choice in mind, the menu is built around daily themes inspired by global street food, giving you the chance to explore flavours, trending cuisines, whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites.

It's a daily journey for the taste buds, right in the school dining hall! Included is our standard street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides, salads and a home bake favourite or warm traditional pudding for dessert.



DELIKITCHEN

Our Deli Kitchen offers students a grab & go option from the best of our classic hot and cold food offer. Packed with variety, flavour, and choice to suit every appetite.

The range includes Authentic Italian hand-stretched pizzas and pasta pots, Hacienda Mexicana burritos, rice bowls, and sides, including Voulez Poulet house rub chicken, dogs and tasty extras all the way through to our fresh deli favourite sandwiches, wraps, paninis, loaded spuds, crisp salads, fruit and chilled dessert pots.



LET YOUR TASTE BUDS DO THE TRAVELLING

Each month we explore a different destination full of flavour! See where this year's promotions are stopping ...



GOOD FOR YOU & GOOD FOR THE PLANET



Caring for the planet is something that really matters to us and our customers. We see it in the way students think, speak up, and take action.

Our range of initiatives and messages support the journey to reduce environmental impacts. We're encouraging them to make choices that are good for them and the planet - now and in the future.

FEED YOUR FAMILY FOR £5

SCAN ME

Discover affordable and quick step-by-step videos to start cooking up some delicious recipes!



HELPING THE PLANET ONE BITE AT A TIME

MAKE A GREENER SWAP TODAY

1 AVERAGE BEEF BURGER has the same climate impact as...

10 VEGAN BURGERS

4.0 x 10



MEAL DEAL



At Aspens, we're all about offering **GREAT VALUE** and a **GREAT CHOICE** for students.

With such a variety of options,
YOU'LL ALWAYS FIND SOMETHING TO

ENJOY!



*FREE SCHOOL MEAL ALLOWANCE CAN BE USED TO BUY A MEAL DEAL.



We encourage customers to talk to us to tell us what they think so we can continually improve!

SUPPORTING BRITISH FARMERS

At Aspens we're proud to support British farmers where we can by serving fresh, seasonal produce with a supply chain that can be traced from field to fork.



Allergens and Special Diets

We cater for different requirements so that all customers can enjoy a tasty meal with us. For pre-packaged food, our labelling processes have been reviewed to give ingredients and allergen information in accordance with Natasha's Law. We continue to encourage customers to talk to us so we can work together to provide food that is safe to eat.

Klimato



We are working with Klimato to tackle carbon emissions from food, highlighting the impact of each meal on our menus.

CONTACT US

E: info@aspens-services.com
w: www.aspens-services.co.uk



STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 1

Autumn Winter 2025/26

01/09/25, 22/09/25, 13/10/25,
03/11/25, 24/11/25, 15/12/25,
05/01/26, 26/01/26, 16/02/26,
09/03/26, 30/03/26



MAINS

Swedish Style Meatballs in
Gravy with Cranberry Jam

Char Siu Roast Pork
with Chinese Style
Curry Sauce

Roast Chicken & Thyme
Toad in the Hole

Aspens Hand Pressed Beef
Burger, Caramelised Onion
& Mac Sauce

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice ^V
Chicken Nuggets
Chips

SIDES

Summerset Apple,
Leek & Bean Stew ^V

Chinese Style
Vegetable Curry ^V

Veggie Banger Toad
in the Hole ^V

Cheese & Onion Burger ^V
with Smoky Tomato Relish

Creamy Mash, Peas
& Green Beans ^V

Steamed Rice & Wok Fried
Veggies ^V

Roasties, Smashed
Honey Parsnips &
Seasonal Greens ^V

Roasted Root Veg ^V
Wedges & Green Salad

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Chinese Style Char Sui
Chicken in Chinese BBQ
Topped Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Protein Packed
Spicy Pork & Lentil Ragu

DELI HOT

Southern Chicken
Strips Wrap

Macaroni
Pizza Slice

BBQ Pink Onion
Deli Dog

Classic Pepperoni

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

Swedish Meatball

Chinese Style Curry Char
Siu Pork

BBQ Beans & Pink Onion

Cheese, Caramelised
Onion & Mac Sauce

All The Classics

BIG BOWL SALAD

Avocado
Super Green Salad

Avocado
Chicken Caesar

Quinoa
Superfood Bowl

Grain & Seed
Health Bowl

Special Salad

DESSERTS

Chai Spiced Baked
Rice Pudding

Lemon Meringue Apple
Crumble & Custard

Aspens
Toffee Cookies

Apple Tart Tatin
& Custard

Brownie
Blondie Ripple

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 2
Autumn Winter 2025/26
08/09/25, 29/09/25, 20/10/25,
10/11/25, 01/12/25, 22/12/25,
12/01/26, 02/02/26, 23/02/26,
16/03/26



sabor de
Portugal

MON

**Peri Chicken & Macho Pea
Pasta Bake Chilli Lime Aioli**

**Peri Crispy Chickpea &
Butterbean Pasta Bake** V

**Zesty Dressed
Roast Broccoli** V



Home
STYLE

TUE

**Honey Mustard Glazed
British Bangers with
Roasted Red Onion**

**Honey Mustard Glazed Veggie
Bangers with Roasted Red
Onion** V

**Leek Mashed Potatoes,
Mushy Peas & Gravy** V



Home
STYLE

WED

**Slow Roast Garlic &
Rosemary Pork with
Apple Stuffing**

**Cauliflower & Broccoli
Cheesy Bake** V

**Roasties, Savoy Cabbage
& Cauliflower** V



INCREDIBLE
INDIA

THU

**Chicken Tikka
Balti Curry**

**Butternut Tomato
Chilli Masala** V

Garlic Rice, Roasted V
Cauliflower & Green Beans



**Chips
& More**

FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

MAINS

SIDES

PASTA & NOODLE POTS

**Thai Green
Vegetable Noodles**

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Super Green Lentil Pesto

DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Thai Curry Pizza Slice

**Curried Chicken &
Spinach Wrap**

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

**Spicy Peri Chicken
& Cheese**

Bolognese

Meatball Marinara

Chicken Tikka Balti

All The Classics

BIG BOWL SALAD

**Zesty Kale &
Tandoori Chickpea**

**Indian Chickpea
Greens & Mint Yoghurt**

**American Style
Cobb Salad**

**Honey Mustard Chicken
Cobb Salad**

Special Salad

DESSERTS

**Cinnamon Raisin
Oat Cookie**

**Banana Sticky Toffee
Pudding & Custard**

Custard Tart

**Coconut & Pineapple
Upside Down Cake**

**Cheesecake
Cookie Slice**

**Daily Meal Deals
Regular
Chef's Specials**

**Freshly Made from Scratch
DAILY!**

**Fresh Cut Fruit
& Yogurt Pots**
Available Daily

**HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!**

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 3
Autumn Winter 2025/26
15/09/25, 06/10/25
17/11/25, 08/12/25, 29/12/25,
19/01/26, 09/02/26, 02/03/26,
23/03/26



MAINS

Minced Beef Hotpot
Topped with Root Veg &
Potatoes

BBQ Chicken &
Cheese Melt

Maple Glazed Gammon
with Crispy Smashed New
Potatoes

Pork Ragu
Lasagne al Forno

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice
Chicken Nuggets
Chips

SIDES

Lentil, Onion & Root Veg
Hotpot

Cajun Spiced
Bean Burger

Honey Carrot & Apple
Wellington

Spinach, Cream Cheese &
Roasted Veg Lasagne

Savoy Cabbage
& Peas

Cajun Rice & Roasted
Mediterranean Veg

Carrot & Swede Mash,
Green Beans

Crusty House Baked Bread,
Roast Carrots
or Garden Salad

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Teriyaki Chicken Noodles

Protein
Lean Chicken Bolognese

Classic Meatball Pasta

Pulled Ham Carbonara

Classic Chicken
Chow Mein

DELI HOT

Mexican Hot Pizza Slice

BBQ
Cornflake Crunch Wings

Masala Mayo Deli Dog

Chinese Style
Chicken Wrap

Cheesy Chips

FILLINGS

Beef Mince & Onion

Smoky Spanish Beans
& Aioli

Masala Mayo, Cheese &
Crispy Onion

Pulled Ham
Carbonara Sauce

Loaded
All The Classics

BIG BOWL SALAD

Roasted Tomato & Pepper
Pasta Salad

Pasta Butterbean,
Roasted Tomato & Spinach

California Caprese

Citrus Chicken, Spinach
& Mozzarella

Special Salad

DESSERTS

Old School Jam
Cornflake Crunch

Baked
Cheesecake

Banana Choc Chip Loaf

Maple Apple Pie
& Whipped Cream

Aspens Best Ever
Chocolate Brownies

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

DELI KITCHEN



Mid Morning Break

Focaccia £1.20

Mini Hash Brown Bites MMB £1.40

Homemade Waffle with syrup £1.40

Tortilla Pizza Pocket Tomato Cheese £1.50

MMB Nachos £1.30

Tortilla Pizza Pocket Pepperoni £1.60

8oz Hot Pasta Pot £1.50

8 oz Rice Pot £1.50

Cheesy Naan £1.60

Homemade Sausage Roll £1.80

Loaded Wedges £1.70

Plain Popcorn M £0.50

Double Wedge Cajun MMB £0.60

Cheesy Double Wedge MMB £0.70

Garlic Slice £0.85

Cheese on Toast MMB £1.10

French Bread Pizza MMB £0.90

Pizza Bagel MMB £1.30

Pepperoni Pizza Bage £1.40

Sweet Waffle (55 gms) MMB £1.40

Deli Kitchen Hot

Jmb Hot Dog £3.00

Burrito Wrap £2.40

Pizza Pioneer £1.55

Crunch Wings x2 £1.90

Chips £1.40

Chips with Beans £1.90

Chips with Cheese £2.30

Chips with 2 Toppings (Cheese and Beans) £2.30

Hot Wrap Original £2.40

Deli Kitchen Cold

Just Sandwich £2.20

Classic Sandwich £2.40

Deli Sandwich £2.55

Wraps £2.40

9 oz Pasta Pot £1.80

Fruit Pieces £0.60

5 oz Fruit Pots £0.90

7oz Fruit Pots £1.20

5 oz Jelly Pots £0.90

Drinks

Aqua Roma Still 500ml / Radnor Splash 500ml £1.25

Radnor Sparkling / Radnor Fizz 330ml £1.40

Still Water Tetra 250ml £1.00

Radnor Splash Tetra 250ml £0.90

Radnor Fruits 200ml £1.00

Radnor CAN 330ml £1.50

Blue Mountain Fruit Ice 200ml - with cup & straw £1.10

Blue Mountain Fruit Ice 330ml - with cup & straw £1.60

Sweet Treats

Cookies £1.15

Traybakes £1.15

Traycakes £1.15

Tulip Muffins £1.25

Meal Deal

Meat Main Meal Deal £2.70

Veggie Main Meal Deal £2.70

Jacket 1 Topping Meal Deal £2.70

Pasta 1 Topping Meal Deal £2.70

Just Sandwich Meal Deal £2.70

Streateries

Main Meal plus sides and vegetables or salad
£2.50

Hot pudding £1.00

TARIFF